

SRI LANKAN MEDAL WINNERS

Olympic Games, World Championships, Commonwealth Games, Asian Games & Asian Championships

By GGU Saman Kumara

OLYMPIC GAMES

1948	LONDON	Dancan White	400 M. Hur.	(Men)	Silver	51.8
2000	SYDNEY	Susanthika Jayasinghe	200 M.	(Women)	Bronze	22.28

WORLD CHAMPIONSHIPS

1997	ATHENS	Susanthika Jayasinghe	200 M.	(W)	Silver	22.39
2007	OSAKA	Susanthika Jayasinghe	200 M.	(W)	Bronze	22.55

COMMONWEALTH GAMES

1950	AUCKLAND	Dancan White	440 Y. Hur.	(Men)	Gold	52.5 (New Record)
1998	KUALA LUMPUR	MA Sriyani Kulawansa	100 M. Hur	(Women)	Silver	12.95
		Sugath Thilakaratne	400 M.	(Men)	Bronze	44.64

ASIAN GAMES

1951	NEW DELHI	M.A. Akbar	Pole Vault	(Men)	Silver	3.38
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1958	TOKYO	N. Ethirweerasingham	High Jump	(Men)	Gold	2.03 (New Record)
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1962	JAKARTA	N. Ethirweerasingham	High Jump	(Men)	Silver	1.98
		Nirmala Dissanayake	200 M.	(Women)	Bronze	25.8
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1966	BANGKOK	S.L.B. Rosa	5000 M.	(Men)	Bronze	14:52.6
		S.L.B. Rosa	10000 M.	(Men)	Bronze	31:56.6
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1970	BANGKOK	S.L.B. Rosa	5000 M.	(Men)	Gold	14:32.2
		S.L.B. Rosa	10000 M.	(Men)	Gold	29:55.6 (New Record)
		W. Wimaladasa	400 M.	(Men)	Silver	46.7
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1974	TEHERAN	W. Wimalasada	400 M.	(Men)	Gold	46.21 (New Record)
		A. Premachandra	4X400 M.	(Men)	Gold	3:07.40 (New Record)
		Kosala Sahabandu				
		Sunil Gunawardana				
		W. Wimaladasa				

1990	BEIJING	S.S.A. Dissanayake	200 M.	(Men)	Silver	21.17
		S.S.A. Dissanayake	100 M.	(Men)	Bronze	10.64
1994	HIROSHIMA	Susanthika Jayasinghe	200 M.	(Women)	Silver	23.57
		Damayanthi Dharsha	200 M.	(Women)	Bronze	23.61
1998	BANGKOK	Damayanthi Dharsha	200 M.	(Women)	Gold	22.48 (New Record)
		Damayanthi Dharsha	400 M.	(Women)	Gold	51.57
		RA Sugath Thilakaratne	400 M.	(Men)	Gold	44.99
		RA Sugath Thilakaratne	200 M.	(Men)	Bronze	20.83
		MA Sriyani Kulawansa	100 M. Hur.	(Women)	Bronze	13.08
2002	BUSAN	Susanthika Jayasinghe	100 M.	(W)	Gold	11.15
		Damayanthi Dharsha	400 M.	(W)	Gold	51.05
		Rohan Pradeepkumara	400 M.	(M)	Bronze	45.67
		Rohan Pradeepkumara	4X400 M.	(M)	Bronze	3:04.27
		RA Sugath Thilakaratne				
		Prasanna Amarasekara				
		Ranga Wimalawansa				
2006	DOHA	Susanthika Jayasinghe	100 M.	(W)	Silver	11.34
		Susantgika Jayasinghe	200 M.	(W)	Bronze	23.42
		Rohan Pradeep Kumara	4X400 M.	(M)	Bronze	3:06.97
		Rohitha Pushpa Kumara				
		Psasanna Amarasekara				
JAMK Jayasundara						

ASIAN CHAMPIONSHIPS

1975	SEOUL	W. Wimaladasa	4X400 M.	(M)	Bronze	3:13.4
		A.C. Dervin Perera				
		Bandula Jayasinghe				
		A. Premachandra				
1991	KUALA LAMPUR	Vijitha Amarasekara	Javelin Throw	(W)	Bronze	50.90
1993	MANILA	Damayanthi Dharsha	200 M.	(W)	Silver	23.29
		M.A.Sriyani Kulawansa	100 M. Hur.	(W)	Silver	13.38
		Sugath Thilakaratne	4X400 M.	(M)	Bronze	3:10.49
		K.P. Susantha				
		Damith De Silva				
		H.P.M. Gunawardana				
S. Dhammika Manike	800 M.	(M)	Bronze	2:04.92		

1995	JAKARTA	Susanthika Jayasinghe	200 M.	(W)	Gold	23.00 (New Record)	
		M.A.Sriyani Kulawansa	100 M. Hur.	(W)	Gold	13.29	
		Susanthika Jayasinghe	100 M.	(W)	Silver	11.37	
		Sugath Thilakaratne	400 M.	(M)	Bronze	46.12	
		V Rathna Kumar	4X400 M.	(M)	Bronze	3:07.87	
		Suresh Dematapitiya SR Rathnadeepa Sugath Thilakaratne					
1998	FUKUOKA	Sugath Thilakaratne	400 M.	(M)	Gold	44.61 (New Record)	
		Damayanthi Dharsha	400 M.	(W)	Gold	51.23	
		V Rathna Kumar	4X400 M.	(M)	Bronze	3:05.79	
		Ranga Wimalawansa Rohan Pradeep Kumara Sugath Thilakaratne					
		M.A.Sriyani Kulawansa	100 M. Hur.	(W)	Bronze	13.16	
2000	JAKARTA	V Rathna Kumar	4X400 M.	(M)	Gold	3:02.71	
		Ranga Wimalawansa Manura Lanka Perera Rohan Pradeep Kumara					
		Damayanthi Dharsha	200 M.	(W)	Gold	22.84 (New Record)	
		Damayanthi Dharsha	400 M.	(W)	Gold	51.05 (New Record)	
		Tamara Saman Deepika	4X100 M.	(W)	Gold	44.23	
		Pradeepa Herath S Nimmi De Soysa Damayanthi Dharsha					
		HAR Rathnayake	400 M. Hur.	(M)	Silver	49.44	
2002	COLOMBO	Prasanna Amarasekara	4X400 M.	(M)	Gold	3:03.35	
		Ranga Wimalawansa Sugath Thilakaratne Rohan Pradeep Kumara					
		Susanthika Jayasinghe	100 M.	(W)	Gold	11.29	
		Susanthika Jayasinghe	200 M.	(W)	Gold	22.84 (Eq. Record)	
		M.A.Sriyani Kulawansa	100 M. Hur.	(W)	Silver	13.43	
		Sugath Thilakaratne	400 M.	(M)	Bronze	45.73	
		Damayanthi Darsha	4X400 M.	(W)	Bronze	3:42.71	
		KLL Gunawardana Swarnamali Edirisinghe MP Wickramasinghe					
2003	MANILA	Prasanna Amarasekara	4X400 M.	(M)	Gold	3:03.05	
		Ranga Wimalawansa Sugath Thilakaratne Rohan Pradeep Kumara					
		Sujeewa N Jayasena	10000 M.	(W)	Silver	34:47.0	
		Anne Maheshi De Silva	Javelin	(W)	Bronze	50.18	

2005	INCHEON	WP Manjula Kumara	High Jump	(M)	Gold	2.27
		Damayanthi Dharsha	200 M.	(W)	Gold	23.21
		Prasanna Amarasekara	400 M.	(M)	Silver	46.48
		Rohitha Pushpa Kumara	4X400 M.	(M)	Silver	3:04.12
		Manura Lanka Perera				
		Prasanna Amarasekara				
		Rohan Pradeep Kumara				
		Rohan Pradeep Kumara	400 M.	(M)	Bronze	46.52
Anne Maheshi De Silva	Javelin	(W)	Bronze	54.86		
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2007	AMMAN	Prasanna Amarasekara	400 M.	(M)	Gold	46.71
		Susanthika Jayasinghe	100 M.	(W)	Gold	11.19
		Susanthika Jayasinghe	200 M.	(W)	Gold	22.99
		Asoka Jayasundara	4X400 M.	(M)	Silver	3:07.29
		THD Priyashantha				
		Rohitha Pushpa Kumara				
		Prasanna Amarasekara				
		Sujani Buddika	200 M.	(W)	Silver	23.28
MP Wickramasinghe	400 M.	(W)	Bronze	54.11		
BL Nadeeka Lakmali	Javelin	(W)	Bronze	52.59		
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2009	GUANGZHOU	WP Manjula Kumara	High Jump	(M)	Gold	2.23
		Chaminda Wijekoon	1500 M.	(M)	Silver	3:47.01
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2011	KOBE	RM Chandrika Subashini	400 M.	(W)	Silver	53.35
		Chaminda Wijekoon	1500 M.	(M)	Bronze	3:44.01
		Christine S Merrill	400 M. Hur.	(W)	Bronze	57.30
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2013	PUNE	Sachith Maduranga	Javelin	(M)	Silver	79.62
		BL Nadeeka Lakmali	Javelin	(W)	Silver	60.16
		Anjana Gunaratne	4X400 M.	(M)	Bronze	3:04.92
		WD Dilan Aloka				
		KKK Seneviratne				
THD Priyashantha						
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2015	WUHAN	WKLA Nimali	800 M.	(W)	Bronze	2:03.94
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2017	BUBANESHWAR	WKLA Nimali	800 M.	(W)	Gold	2:05.23
		Gayanthika Abeyratne	800 M.	(W)	Silver	2:05.27
		Dilip Ruwan	4X400 M	(M)	Silver	3:04.80
		GM Prema Kumara				
		Kalinga Kumarage				
		Harusha Dananjaya				
		Rumeshika Rathnayake	200 M.	(W)	Silver	23.43
		Dilhani Lekamge	Javelin	(W)	Silver	58.11

2019	DOHA	Gayanthika Jayaratne	800 M.	(W)	Bronze	2:05.74
		H.D. Vidusha Lakshani	Triple Jump	(W)	Bronze	13.53

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